

The main symptoms of coronavirus (COVID-19) are:

A high temperature – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)

A new, continuous cough – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)

A loss or change to your sense of smell or taste – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

If you have any of the above symptoms

Contact

Alan Bunker Covid Safety Officer

If you do not have his contact details please contact

HMFC@outlook.com